

Women in mind

BOOKLIST

Women Who Run With The Wolves: Contacting the Power of the Wild Woman	Clarissa Pinkola Estes
Psycho-Cybernetics	Maxwell Maltz
Feel The Fear And Do It Anyway: How to Turn Your Fear and Indecision into Confidence and Action	Susan Jeffers
A New Earth: The Life-Changing Follow Up to The Power of Now	Eckhart Tolle
The Power of Now: A Guide to Spiritual Enlightenment	Eckhart Tolle
The Four Agreements: Practical Guide to Personal Freedom (Toltec Wisdom Book)	Don Miguel Ruiz
You Can Heal Your Life Paperback	Louise Hay
The Emotion Code: How to Release Your Trapped Emotions for Abundant Health, Love and Happiness	Bradley Nelson
The Obstacle is the Way: The ancient art of turning adversity into opportunity	Ryan Holiday
The Secret	Rhonda Byrne
Cognitive Behaviour Therapy: Your Route Out of Perfectionism, Self-Sabotage and Other Everyday Habits with CBT	Avy Joseph
The Success Principles: How to Get from Where You Are to Where You Want to Be	Jack Cranfield
Existential Kink: Unmask Your Shadow and Embrace Your Power a Method for Getting What You Want by Getting off on What You Don'T	Carolyn Elliott
How to Own the Room: Women and the Art of Brilliant	Viv Groskop
A Field Guide To Getting Lost	Rebecca Solnit
Ask and It is Given: Learning to Manifest Your Desires	Esther Hicks
Think And Grow Rich	Napoleon Hill
The Lineage of the Codes of Light	Jessie Ayani
Deep Work: Rules for Focused Success in a Distracted World	Cal Newport
Big Magic: How to Live a Creative Life, and Let Go of Your Fear	Elizabeth Gilbert

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Sacred Contracts: Awakening Your Divine Potential	Caroline Myss
Conversations With God	Neale Donald Walsch
Women Who Love Too Much	Robin Norwood
The Heroine's Journey: Woman's Quest for Wholeness	Maureen Murdock
The Mosaic	Daniel B. Levin
To Love and Let Go: A Memoir of Love, Loss, and Gratitude from Yoga Girl	Rachel Brathen
On the Shortness of Life	Seneca
The Magic	Rhonda Byrne
The Sacred and Profane	Eliade Mircea
Loving What Is: Four Questions That Can Change Your Life	Byron Katie
Nine Lies About Work: A Freethinking Leader's Guide to the Real World	Marcus Buckingham
Atomic Habits	James Clear
What Do Women Want?: Adventures in the Science of Female Desire	Daniel Bergner
She Comes First: The Thinking Man's Guide to Pleasuring a Woman	Ian Kerner
The Restless Executive: Reclaim your values, love what you do and lead with purpose	Jo Simpson
The Choice Factory: 25 behavioural biases that influence what we buy	Richard Shotton
Outwitting the Devil: The Secret to Freedom and Success	Napoleon Hill
Fear Less: How to Win at Life Without Losing Yourself	Dr Pippa Grange
Surrounded by Psychopaths: or, How to Stop Being Exploited by Others	Thomas Erikson
Surrounded by Idiots: The Four Types of Human Behaviour	Thomas Erikson
The Three Laws of Performance: Rewriting the Future of Your Organization and Your Life	Steve Zaffron

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Inferior: The true power of women and the science that shows it	Angela Saini
Trans Like Me: A Journey for All of Us	C. N. Lester